

## Abstracts

combined with 3mg betamethasone sodium phosphate using an ultrasound technique to identify the piriformis muscle. We studied numeric pain score and hip function immediately, 2 weeks and 3 months post procedure.

**Results** The pain score was  $5.91 \pm 2.13$  before the procedure,  $2.24 \pm 0.72$  immediately after and  $2.73 \pm 0.55$  two weeks later and  $2.88 \pm 0.86$  three months later.

There was improvement 80–90% in hip function in all patients immediately after the procedure which lasted to 3 months. There were no adverse events due to the injection. Two patients had minor leg weakness which lasted for 5 hours. **Conclusions** US –guided technique for piriformis muscle injection is a safe and efficient technique according to our study.

### B368 QUADRATUS LUMBORUM BLOCK TYPE 2 IN CHRONIC HIP PAIN: PRELIMINARY RESULTS

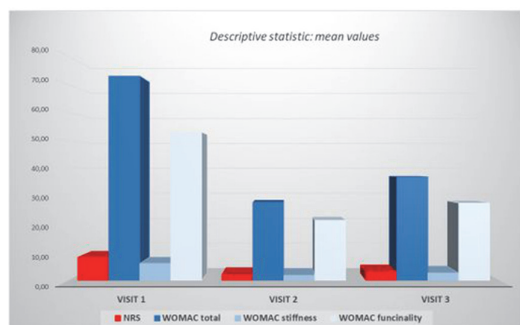
<sup>1</sup>MT Fernandez Martín\*, <sup>2</sup>JA Aguirre, <sup>3</sup>S Lopez, <sup>1</sup>C Aldecoa, <sup>1</sup>M Garcia Alonso, <sup>4</sup>MF Muñoz. <sup>1</sup>Río Hortega University Hospital, Valladolid, Spain; <sup>2</sup>Balgrist University Hospital, Zürich, Switzerland; <sup>3</sup>Abente y Lago Hospital, A Coruña, Spain; <sup>4</sup>Clinic University Hospital, Valladolid, Spain

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**Background and Aims** Coxarthrosis is a frequent pathology in pain medicine with a major effect in quality life of the affected patients. The main objective of this study was to assess the impact of the quadratus lumborum block type 2 (QL2) in pain and quality of life.

**Methods** After Ethical Committee's approval (PI 120–1770 on March 30, 2020) and register (Trial registration number: NCT04438265) we started this prospective, observational cohort study. We present the results of 30 patients affected of chronic hip pain treated with quadratus lumborum block type 2 as an analgesic technique. Pain (numeric rating scale, NRS) and quality life (WOMAC scale) were assessed after three weeks and three months.

**Results** In the sample 5 patients were lost. There were no differences in demographic data. At third month, descriptive statistic showed a global pain improvement (mean NRS 8, 3/3, 1) and quality life (mean WOMAC 72, 9/37) (p value 0, 01). An NRS and WOMAC value improvement of 50% was achieved in 13 patients (55%). We found no differences in the improvement related to sex but found a difference in chronic pain etiology. Patients with avascular necrosis did not improve in the parameter stiffness (p=0.039). The observed improvement in NRS and WOMAC (global, stiffness and function) were significant between baseline and the follow ups (p<0.001) but not between two follow ups. One complication was reported associated to the block.



Abstract B368 Figure 1

**Conclusions** Our results show that QL2 could represent a minimally invasive option in hip chronic pain refractory to other treatments.

### B369 TRENDS IN RESUMPTION OF BUPRENORPHINE FOLLOWING ELECTIVE ORTHOPEDIC SURGERY: A NATIONAL DATABASE ANALYSIS

<sup>1</sup>AB Stone\*, <sup>1</sup>H Zhong, <sup>2</sup>J Poeran, <sup>1</sup>J Liu, <sup>3</sup>C Cozowicz, <sup>1</sup>A Illescas, <sup>1</sup>SG Memtsoudis. <sup>1</sup>Hospital for Special Surgery, New York, USA; <sup>2</sup>Icahn School of Medicine at Mount Sinai, New York, USA; <sup>3</sup>Paracelsus Medical University, Salzburg, Austria

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**Background and Aims** Medication assisted treatment (MAT) with long acting opioid agonists is the gold standard treatment for patients with opioid use disorder. <sup>1</sup> The incidence of patients on buprenorphine undergoing orthopedic surgeries has not been described. We use a national dataset to report trends in buprenorphine utilization prior to orthopedic surgeries and resumption of buprenorphine following orthopedic surgery.

**Methods** This study was approved by the institutional review board of the Hospital for Special surgery (IRB#2017–0169). Using the Truven MarketScan database we identified adult patients undergoing elective orthopedic surgeries and who had filled a prescription for buprenorphine within 180 days prior to surgery. Patients who filled a prescription for buprenorphine within 180 days following surgery were defined as having restarted MAT. Trends were evaluated using Cochran-Armitage Trend Tests.

**Results** Among 262,579 patients included between the years 2015 and 2019, 0.45% filled a prescription for buprenorphine prior to surgery. The proportion of patients restarted on buprenorphine increased from 46.9% to 63.6% between 2015 and 2019 (Figure 1; p<.001). In the patients who received buprenorphine following surgery, 248 (37.7%) had a chronic prescription for short-term opioids compared with 298 (55.1%) of the patients who were not restarted on buprenorphine following surgery (Table 1. p<.001).

Abstract B369 Table 1

	Did not restart MAT	Restarted MAT	P value <sup>a,b</sup>
N (%)	541 (45.1)	658 (54.9)	0.649
Age, median [IQR]	55 (45, 60)	55 (49, 60)	<.001
Female, n (%)	352 (65.1)	354 (53.8)	<.001
Devo Index, n (%)			0.839
0	186 (34.4)	245 (37.2)	
1	166 (30.7)	185 (28.1)	
2	70 (12.9)	99 (15.0)	
3+	119 (22.0)	129 (19.6)	
Procedure, n (%)			
TKA	249 (46.0)	356 (54.1)	<.001
THA	172 (31.8)	204 (31.0)	
PLF	32 (5.9)	13 (2.0)	
ACDF	89 (16.5)	86 (13.1)	
Region, n (%)			<.001
Northeast	68 (12.6)	101 (15.3)	
North Central	119 (22.0)	128 (19.5)	
South	293 (54.2)	300 (45.6)	
West	58 (10.7)	127 (19.3)	
Unknown	3 (0.6)	2 (0.3)	
On short acting opioid prior to surgery, n (%)	397 (73.4)	416 (63.2)	<.001
On anti-anxiety medication prior to surgery, n (%)	186 (34.4)	201 (30.5)	0.158
On anti-depressant medication prior to surgery, n (%)	262 (48.4)	315 (47.9)	0.849
On chronic opioid use after surgery, n (%)	298 (55.1)	248 (37.7)	<.001
Total oral morphine equivalence after surgery, median [IQR]	3563 [825, 8599]	2231 [600, 5655]	<.001
Total # of opioid refill after surgery, median [IQR]	6 [2, 9]	4 [1, 7]	<.001

a: p-value compares did not restart MAT and restarted MAT groups.  
b: chi-squared test was used to compare categorical outcomes, and Mann-Whitney test was used to compare continuous outcomes. a: p-value compares female and male, and chi-squared test was used to compare proportions  
\*MAT: Medication assisted treatment