Results In all patients MT and IT were identified and blocked. At 30 minutes all patients exhibited complete conduction blockade (CCB) in median, ulnar and musculocutaneous nerve. Radial nerve had sensory-motor sparing in 30% patients, however only one patient required rescue block of radial nerve at the elbow, for surgery completion. At the end of surgery 50% of patients had CCB of the axillary nerve as well.

Conclusions Selective MT/IT with MCN block is feasible for surgery proximal to the wrist as well as the medial aspect of hand. Detailed sensory-motor mapping of individual nerves requires further examination to establish site specificity.

Background and Aims Regional anaesthesia (RA) exposure in anaesthetic training in the United Kingdom (UK) is variable, and we hypothesised that many trainees lack confidence performing RA techniques. RA is a core component of the new UK Royal College of Anaesthetists (RCOA) curriculum(1) and a key part of the anaesthetist’s analgesic armamentarium(2).

Sonoclub was formed by group of enthusiastic regional anaesthetic trainees with sole aim of inspiring enthusiasm and making anaesthetists in the region more confident in provision of Regional Anaesthesia (RA-UK) “Plan A” and “advanced” blocks. A series of educational events were planned.

Methods A programme of teaching sessions, each lasting an hour and focussing on one Plan A and one advanced (Plan B/ C) block, was developed.

The emphasis was on spending time scanning human models, with expert guidance to identify anatomy and improve technique. The group was advertised to anaesthetists of all grades via email, WhatsApp and Twitter.

Anonymous pre- and post-course feedback on confidence and teaching quality was gathered.

Conclusions
- Low confidence in plan A block performance, even amongst senior trainees.
- Little prior experience or training.
- Training deficit that will be hard to make up, especially in line with new RCOA curriculum.
- Short, sharp, focussed training sessions are highly valued and can increase participant confidence in block performance.
- Teaching programmes such as Sonoclub will play a key role in ensuring training needs met.