Simultaneous versus staged bilateral knee arthroplasty: do we impact chronic opioid use?

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Wilson et al\(^1\) conducted a retrospective cohort study that included patients who underwent bilateral total knee arthroplasty (BTKA). Then they compared the postoperative chronic opioid use following simultaneous versus staged BTKA. Investigators found no statistically significant difference between both groups in postoperative chronic opioid use.

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Conclusion

Although patients undergoing staged BTKA >6 months apart were prescribed greater quantities of opioids upon discharge, there was no significant difference in the odds of postoperative chronic opioid use compared to simultaneous BTKA.

Reference