Burnout among chronic pain anesthesiologists

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ABSTRACT
Burnout is a concern to individuals in different professions and it continues to be a major concern among physicians in different specialties. Hyman et al1 conducted a study to compare the severity of burnout among different anesthesiology subspecialties. Chronic pain anesthesiologists had higher burnout when compared with other surveyed subspecialties.

Hyman S et al performed a study where they administered multiple surveys to subspecialty society members practicing acute and chronic pain management, pediatric anesthesiology, and cardiac anesthesiology. (1)

1303 participants

Response rate was 21.6 to 35.6%

Mental health inversely correlated with emotional exhaustion and depersonalization.

Burnout among chronic pain anesthesiologists was significantly higher than other surveyed subspecialties. (1)

References:
1. Hyman S, Card E, de Leon-Casasola O, Shotwell M, Shi Y, Weinger M. Prevalence of Burnout and Its Relationship to Health Status and Social Support in More Than 1,000 Subspecialty Anesthesiologists. dx.doi.org/10.1136/rapm-2020-101520.

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