

**Appendix C – Risk of Bias Summary**

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)
Aksu 2019	?	+	+	-	+	+
Arora 2019	+	+	+	-	?	+
Divatia 2020	+	+	+	-	?	+
Gupta 2020	+	+	+	-	?	+
Gurkan 2018	+	+	+	-	?	+
Gurkan 2020	+	+	+	+	+	+
He 2020	+	?	?	-	?	+
Marzouk 2020	?	?	+	+	+	+
Seelam 2020	+	+	?	-	+	+
Singh 2019	+	+	?	-	+	+
Wang 2019	+	?	?	-	?	?
Yao 2020	+	+	+	+	+	+

*Figure Legend:* +, low risk of bias; ?, unclear risk of bias; -, high risk of bias.